


Abridged CV												
Current Rank	Prof of Clinical Physiology											
College/University	Collage of Medicine / Benha University / Egypt											
First Name	Ola											
Sur Name	El-Gohary											
Current administrative Designation	<p>- prof, Physiology Department, College of Medicine. Benha Univ Egypt.</p> <p>- Examiner in human Physiology for the Doctorate and Master Degrees in Benha University, Egypt.</p> <p>- Member of several evaluation and examination panels for Master and Doctorate Thesis in Benha University, Egypt</p>											
Email	olaelgohary@yahoo.com - olaahmed202020@gmail.com ola.algohari@fmed.bu.edu.eg											
Tel	Mobile : 01284499665											
Specialization	Endocrinology											
Brief Biography :	<table><tr><td>Nationality</td><td>Egyptian</td></tr><tr><td>Language (s)</td><td>English/Arabic</td></tr><tr><td>Date of birth</td><td>07 / 08 / 1973</td></tr><tr><td>Family Status</td><td>Married</td></tr><tr><td>Children</td><td>two girls and a boy</td></tr></table>		Nationality	Egyptian	Language (s)	English/Arabic	Date of birth	07 / 08 / 1973	Family Status	Married	Children	two girls and a boy
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Language (s)	English/Arabic											
Date of birth	07 / 08 / 1973											
Family Status	Married											
Children	two girls and a boy											
Areas of research interest:	Reproductive Endocrinology											
Education	MBBS: December 1998 M.Sc: June 2005											

	Ph.D: May 2008
Postdoc training if any:	<p>June 2017: Training course for the behaviors and literature profession (the project to develop the capacity of faculty members and leaders, Benha university).</p> <p>June 2017: Training course on financial aspects and legal aspects (the project to develop the capacity of faculty members and leaders, Benha university).</p> <p>February 2016: Training course for quality standards in the teaching process (the project to develop the capacity of faculty members and leaders, Benha university).</p> <p>January 2016: Training course for the self-assessment and external audit (the project to develop the capacity of faculty members and leaders, Benha university).</p> <p>April 2015: Training course for the website management program (the project to develop the capacity of faculty members and leaders, Benha university).</p> <p>April 2015: The training course for quality standards in the teaching process (the project to develop the capacity of faculty members and leaders, Benha university).</p> <p>March 2015: The training course for Advanced Word Processing (the project of training in information technology, Benha university).</p>
Employment History	<p>Demonstrator at physiology department: 31/1/2002</p> <p>Assisted Lecturer at physiology department: 1/10/2005</p> <p>Lecturer at physiology department: 24/11/2008</p> <p>Assisted Professor at physiology department: 31/5/2014</p> <p>Professor at physiology department: 20/6/2019</p>
Any other Professional Activities	<ul style="list-style-type: none"> • Program evaluation and Quality Assurance. • Medical Education. • Curriculum development and innovation. • Medical student's assessments. • Advising and mentoring.
Publications since 2010:	<p>El-Gohary O.A. and Allam M.M. (2017): Effect of vitamin D on isoprenaline-induced myocardial infarction in rats: possible role of peroxisome proliferator-activated receptor-γ. Can. J. Physiol. Pharmacol. 95(6): 641-646.</p>

El-Gohary O.A. and Said M.A. (2017): Effect of electromagnetic waves from mobile phone on immune status of male rats: possible protective role of vitamin D. *Can. J. Physiol. Pharmacol.* 95: 151–156.

Allam M.M. and **El-Gohary O.A.** (2017): Gastroprotective effect of ghrelin against indomethacin-induced gastric injury in rats: possible role of heme oxygenase-1 pathway. *Gen. Physiol. Biophys.* (2017), 36, 321–330.

El-Gohary O.A. (2017): Exercise training prevents age-induced insulin resistance in rats: effect on circulating catecholamines, inflammatory cytokines and skeletal muscle Glut4 transporters. *Am. J. Biomed. Sci.* 9(3): 127-139.

El-Gohary O.A. (2017): Obestatin improves hepatic injury induced by ischemia/reperfusion in rats: role of nitric oxide. *Gen. Physiol. Biophys.* 36: 109–115.

El-Gohary O.A. and Said M.A. (2016): Protective effect of exenatide (glucagon-like peptide-1 receptor agonist) on renal ischemia-reperfusion injury in diabetic rats. *Benha Medical Journal.* 33:24–30.

Said M.A. and **El-Gohary O.A.** (2016): Effect of noise stress on cardiovascular system in adult male albino rat: implication of stress hormones, endothelial dysfunction and oxidative stress. *Gen. Physiol. Biophys.* 35, 371–377.

El-Gohary O.A. and Hussien N.I. (2015): Effect of exercise and quercetin on obesity induced metabolic and renal impairments in albino rats. *J Phys Pharm Adv.* 5(3): 589-602.

Hussien N.I. and **El-Gohary O.A.** (2014): Effect of vitamin E on oxidative and apoptotic damage induced by streptozotocin in rat pancreas. *Benha Medical Journal.* 31(1):159-175.

Abdulqawic K., El-Mahalawaya A.M., **El-Gohary O.A.**, Rezk A., and Wahbad O. (2013): The biochemical and histopathological effects of estrogen replacement therapy on the heart of ovariectomized female rats subjected to myocardial infarction. *Evidence Based Women's Health Journal.* 3:165–172.

El-Mahalawaya A.M., **El-Gohary O.A.**, and Wahbad O. (2013): The histopathological and biochemical effects of green tea extract on the liver of high-fat diet and streptozotocin diabetic female rats. 3:25–34.

El-Gohary O.A., Shoman A.A., and Samea T.A. (2013): Protective effect of quercetin on liver damage in streptozotocin- induced diabetic rats. *Benha Medical Journal.* 30(3):363-377.

	<p>El-Mahalawaya A.M., El-Gohary O.A., Abdulqawic K., and Wahbad O. (2013): The protective role of flavonoid 'Morin' on the liver of streptozotocin- induced diabetic rats. Evidence Based Women's Health Journal. 3:1025-1034.</p> <p>El-Mahalawaya A.M., El-Gohary O.A., Abdulqawic K., and Wahbad O. (2013): The histopathological and biochemical effects of enalapril and pyridoxamine on the kidney of streptozotocin diabetic female rats. Evidence Based Women's Health Journal. 3:138-146.</p> <p>Shoman A.A. and El-Gohary O.A. (2013): Ginger administration has protective effect against histochemical renal damage in obese and passive smoking adult rats. Benha Medical Journal. 30(3):145-157.</p> <p>AboulGheit S., Fatma Elatebi F., Shohyeb A., El Gohary O., and Hosni A. (2012): Impact of electromagnetic waves on sperm motility. International Journal of General Medicine. 5: 1-4.</p>
Conferences attended since 2010:	<ul style="list-style-type: none"> • The 2nd Annual Conference of Medical Physiology Department, Ain- Shams University. 10th - 15th March 2018. • Workshop course on, Clinical Research Methodology. 20th February 2018. • Workshop course on, Teaching Excellence: Mentroship and Student Development. 25th - 26th November 2017. • The 18th Annual Conference for Obstetrics & Gynecology, Faculty of Medicine, Cairo University. 23th - 24th March 2017. • The Scientific Conference of Medical Physiology Department, Menoufia University In Cellaboration With Egyptian Society of Physiology Sciences. Multidisciplinary Approaches Towards Healthy Aging. 27th October 2016. • The 16th Annual Conference for Obstetrics & Gynecology, Faculty of Medicine, Cairo University. 26th - 27th March 2015. • The 29th Annual meeting of ESHRE. London,United Kingdom. 7-10 July 2013. • The 27th Annual Scientific Meeting for Obstetrics & Gynecology Department, Faculty of Medicine, Alexandria

	<p>University.2-3 May 2013.</p> <ul style="list-style-type: none"> • The Annual Medical Conference of Benha Faculty of Medicine “Improving health care and emergency service in delta region” 23-26 April, 2013 • The 17th Annual International Conference on Reproductive Health: Update on the Land of Pharaohs.13-14 December 2012. • The Annual Medical Conference of Benha Faculty of Medicine “Medical Education Between Quality and Accreditation, 25-28 September 2012. • The 28th Annual meeting of ESHRE. Istanbul,Turkey. 1-4 July 2012. • The 11th Conference of Kalubia Medical Syndicate In Collaboration With The Egyptian Society of Liver Diseases, 17 May 2012. • The 6th Annual Scientific Conference of Medical Physiology Department, Mansoura University. Neovascularization from Basic Science to Clinical Applications, 10 April 2012.
Teaching Philosophy	
Professional Memberships	<p>Member in board of directors of evidence based woman health society.</p> <p><i>Evidence based woman health society</i></p> <p>The evidence based woman health society is a regional society working on solving women health problems and it publishes the evidence based woman health society journal science 2011.</p>
Theses and Projects Supervision	<p>EFFECT OF EXERCISE AND/OR ANTIOXIDANT ON KLOTHO GENE MESSENGER RNA EXEPRESSION DURING OXIDATIVE STRESS IN</p>

	<p>RENAL TISSUE OF ALBINO RATS</p> <p>EFFECTS OF ACUTE AND CHRONIC STRESS ON IMMUNE SYSTEM IN ADULT MALE RATS</p> <p>THE POTENTIAL PROTECTIVE EFFECT OF CALORIC RESTRICTION ON INSULIN RESISTANCE INDUCED BY HIGH FRUCTOSE DIET IN RATS (ROLE OF AUTOPHAGY)</p> <p>THE POSSIBLE DOSE-RELATED PROTECTING EFFECTS OF VITAMIN C IN GENTAMICIN-INDUCED NEPHROTOXICITY IN ALBINO RATS</p> <p>EFFECT OF VITAMIN D AND VITAMIN E ON SODIUM - FLUORIDE - INDUCED TOXICITY ON TESTICULAR FUNCTIONS OF ADULT MALE ALBINO RATS</p> <p>THE EFFECT OF ZINC AND VITAMIN C ON THIOACETAMIDE-INDUCED LIVER CELL INJURY IN RATS</p> <p>PROTECTIVE EFFECT OF OBESTATIN ON INDOMETHACIN-INDUCED ACUTE GASTRIC ULCER IN RATS: ROLE OF VEGF AND TNF-α</p> <p>THE POSSIBLE ANTI-OXIDANT EFFECT OF VITAMIN D ON RENAL ISCHEMIA REPERFUSION INJURY OF MALE RATS: ROLE OF PEROXISOME PROLIFERATOR ACTIVATED RECEPTOR γ (PPAR γ)</p> <p>Possible Role of Growth Hormone on Ovarian Reserve of Female Rats Exposed to Blue light: Impact on IGF1/IGF1R Axis</p>
Personal Website	
Google scholar	<p>Link: https://scholar.google.com.eg/citations?hl=en&user=g10lyNkAAAAJ H index : 8 i10 index: 7</p>
Research gate stat :	8.65